



Allergen Guide

LITTLE'S LOFT PLAY CAFÉ
117 W. ARGONNE DR, KIRKWOOD
LITTLESLOFTPLAYCAFÉ.COM

At Little's Loft, we want every family to feel safe and comfortable.
Below is a quick reference for common allergens in our menu items.

Breakfast

O.G. Breakfast Sandwich

Contains: Milk, Eggs, Wheat/Gluten

Avocado Toast

Contains: Milk (feta), Wheat/Gluten

Fruit & Yogurt Parfait

Contains: Milk (Vanilla Greek Yogurt),
Wheat/Gluten, Soy, Possible Tree Nuts (granola)

Brunchwrap Supreme

Contains: Milk, Eggs, Wheat/Gluten

Biscuit

Contains: Milk, Soy, Wheat/Gluten

Lunch

B.L.T.A Sandwich

Contains: Milk, Wheat/Gluten, Eggs (mayo)

Caprese Panini

Contains: Milk, Wheat/Gluten

Pizza Bagel

Contains: Milk, Wheat/Gluten

Lofty Club

Contains: Milk, Wheat/Gluten, Eggs (mayo)

Salads

House Salad w croutons

Contains: Wheat/Gluten, Milk (croutons)

Wedge Salad

Milk, Egg, Soy (creamy parmesan dressing)

Dressings

- | | |
|--|--|
| • Balsamic Vinaigrette
Contains: Soy | • Mayo
Contains: Eggs, Soy |
| • Blue Cheese
Contains: Eggs, Milk | • Creamy Parmesan
Contains: Eggs, Milk |
| • Honey Mustard
Contains: Eggs, Soy | • Ranch
Contains: Eggs, Milk |

Kids

French Toast Sticks

Contains: Soy, Wheat/Gluten

Cookie Butter & Banana Toast

Contains: Soy, Milk, Wheat/Gluten,
Possible Tree Nuts

Grilled Cheese

Contains: Milk, Soy, Wheat/Gluten

Mac & Cheese

Contains: Milk, Wheat/Gluten

Chicken Strips

Contains: Wheat/Gluten, Eggs, Milk

Eggs & Bacon GF

Contains: Eggs, shared kitchen

Snacks

Donut Holes

Contains: Milk, Eggs, Soy, Wheat/Gluten

Soft Pretzel Sticks

Contains: Milk, Soy, Wheat/Gluten

Warm Pita & Hummus

Pita Contains: Wheat/Gluten,
may contain milk
Hummus: **GF and Vegan**

Fresh Veggies & Ranch

Contains: Milk, Eggs

French Fries

Possible Wheat/Gluten
(shared fryer)

Sides

Sausage Patties

No common allergens, shared kitchen

Bacon GF

No common allergens, shared kitchen

Fresh Fruit GF

No common allergens, shared kitchen

Milk • Eggs • Wheat/Gluten • Soy • Peanuts • Tree Nuts • Sesame

IMPORTANT NOTE: LITTLE'S LOFT USES SHARED KITCHEN EQUIPMENT. WHILE WE DO OUR BEST TO ACCOMMODATE ALLERGIES, CROSS-CONTACT WITH ALLERGENS MAY OCCUR. IF YOU OR YOUR CHILD HAS A SEVERE ALLERGY, PLEASE INFORM A TEAM MEMBER BEFORE ORDERING SO WE CAN HELP GUIDE SAFE CHOICES. **DISCLAIMER:** ALL PRODUCT DATA ON THIS PAGE IS PROVIDED "AS IS." LITTLE'S LOFT LLC MAKES NO WARRANTIES OR REPRESENTATIONS OF ANY KIND, EXPRESS OR IMPLIED, ABOUT THE COMPLETENESS, ACCURACY, RELIABILITY, SUITABILITY, OR AVAILABILITY OF THE PRODUCT DATA AND EXPRESSLY DISCLAIMS ANY AND ALL LIABILITY ARISING THEREFROM. ANY RELIANCE YOU PLACE ON SUCH INFORMATION IS STRICTLY AT YOUR OWN RISK.